



FORMULARIUM MIJN.streek

COPD richtlijn in de 2^e lijn

≥2 moderate exacerbations or ≥1 leading to hospitalisation	Group C LAMA	Group D LAMA or LAMA + LABA* or ICS + LABA** * Consider if highly symptomatic (e.g. CAT >20) ** Consider if eos ≥300
0 or 1 moderate exacerbations (not leading to hospital admission)	Group A A bronchodilator	Group B A long-acting bronchodilator (LABA or LAMA)
	mMRC 0–1 CAT <10	mMRC ≥2 CAT ≥10

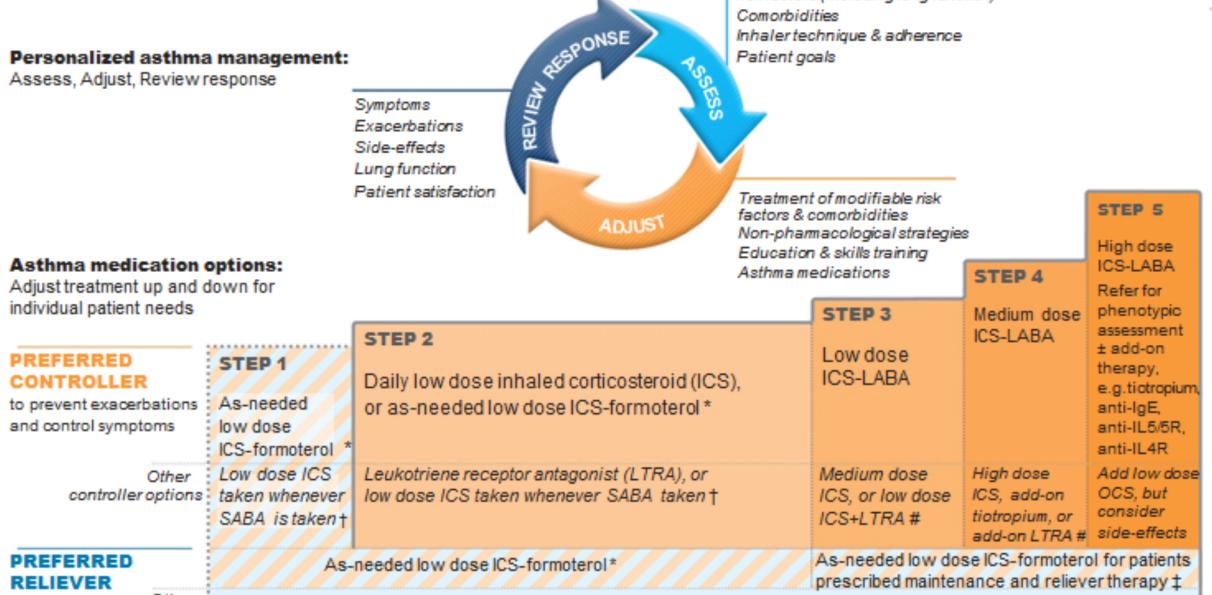
LAMA=long-acting muscarinic receptor antagonists; LABA=long-acting beta₂ agonist; ICS=inhaled corticosteroids; CAT=COPD assessment test; COPD=chronic obstructive pulmonary disease; eos=blood eosinophil count in cells per microlitre; mMRC=modified Medical Research Council dyspnoea questionnaire.

ASTMA richtlijn in de 2^e lijn

Adults & adolescents 12+ years



Personalized asthma management: Assess, Adjust, Review response



‡ Low-dose ICS-form is the reliever for patients prescribed bud-form or BDP-form maintenance and reliever therapy
Consider adding HDM SLIT for sensitized patients with allergic rhinitis and FEV₁ >70% predicted